

# **FOUR WEEKS OF MEDITATION ON MARY**

*By Pope John Paul I*

## **WEEK ONE – “FIAT”**

We can say that the mystery of the Redemption took shape beneath the heart of the Virgin of Nazareth when she pronounced her “fiat.” From then on, under the special influence of the Holy Spirit, this heart, the heart of both a virgin and a mother, has always gone out to all those whom Christ has embraced and continues to embrace with inexhaustible love. For that reason her heart must also have the inexhaustibility of a mother.

## **WEEK TWO – ‘MOTHERLY LOVE’**

The special characteristic of the motherly love that Mother of God inserts in the mystery of the Redemption and the life of the Church finds in its exceptional closeness to man and all that happens to him. It is in this that the mystery of the Mother consists. The Church, which looks to her with special love and hope, wishes to make this mystery her own in an ever deeper manner. For in this, the Church also recognizes the way for her daily life, which is each person.

## **WEEK THREE – “CERTAINTY WITH MARY”**

Through her maternal presence, the Church acquires certainty that she is truly living the life of her Master and Lord and that she is living the mystery of Redemption in all its life-giving profundity and fullness.

## **WEEK FOUR – “RECOURSE TO MARY”**

I wish the Church to devote herself to this prayer, together with Mary the Mother of Jesus as the apostles and disciples of the Lord did in the Upper Room in Jerusalem after his Ascension. Above all, I implore Mary, the heavenly Mother of the Church, to be so good as to devote herself to this prayer of humanity’s New Advent, together with us who make up the Church, that is to say the mystical body of her only Son. I hope that through this prayer we shall be able to receive the Holy Spirit coming upon us and thus become Christ’s witnesses “to the ends of the earth,” like those who went forth from the Upper Room in Jerusalem on the day of Pentecost.